

Welcome to Family Day Care Uppsala Municipality

Hello and welcome! Here is some information about things that can be good to bear in mind concerning your child's time at family day care.

Opening Hours

Opening hours are, Monday – Friday.

Family Day Care Schedule

Register your child's family day care schedule at www.uppsala.se/ebarnungdom

- The child's family day care schedule is governed by your work or studies and travel times. N.B. Drop-off and pick-up is included in the time spent at family day care, i.e. the child shall arrive and leave at the stated time.
- Changes to the agreement shall be made at least one month in advance, and are dependent on availability.
- Feel free to be at home or pick up your child early, but please let staff know in advance. These days/hours cannot be used in lieu at other times.
- If you need to change individual times, please always talk to the day care minder.
- If you are late to drop-off or pick-up, please call or send a text message to let the day care minder know.
- Inform the day care minder if someone else is picking up your child. We don't let children go with strangers who we don't know are coming to pick them up.
- If siblings pick up or drop off the child, our estimation is that the sibling should be at least twelve years old. The level of responsibility they are given is decided based on their maturity level. The sibling must never, however, take on the guardian's responsibility.



Food and Diet

Children who have places at the day care minder's home are given food from a menu approved by the parent. If you have special food requests, please discuss this with your day care minder.

If your child has any food allergies, it is important that we know what the child is allergic to. If an allergy has been confirmed, a doctor's note must be shown.

Training Days

We have a total of four training days per year, generally two during spring term and two during autumn term, when operations are closed. Information about dates when operations are closed is given at least two months in advance.

Holidays/Other Absence

When day care minders are on holiday in the summer, at Christmas and New Year, and when regular staff are otherwise absent, staff collaborate, and children are placed with other day care minders for this period. During vacancy in summer and Christmas/New Year, coordination take place and children may be located at our premises in central Uppsala alternatively pre-schools.

Sick Children

We adhere to the advice given by the county council (www.region uppsala.se) when children are ill. Feel free to contact the care guide 1177 for advice.

- The child must have the *energy* to be at family day care, be able to eat normally, be outside etc.
- In cases of fever, the child must always have at least *one fever-free day* at home. Remember that it is the child's general state that determines whether or not they should be at family day care.
- In cases of stomach ailments, the child should *stay at home for at least 48 hours* after the last symptom. If anyone in the family has a stomach ailment, the child should not be at family day care due to the risk of infection.
- If your child falls ill, call or send a text message to let staff know before the time when the child should have arrived, *8.00 a.m. at the latest*.
- Inform us that your child is well again *the day before* your child is expected back. Call or send a text message at 4.00 p.m. at the latest.
- If your child falls ill while at family day care, we will always call you.

Parent – Teacher Talks

We offer 1–2 talks concerning your child's development per year. We base these talks around the Swedish National Agency for Education's General Advice for Pedagogical Care and Preschool Curriculum -98.

Our View of Children

We see children as competent individuals who should be respected in their own right. We want to strengthen the child's strong sides by giving positive encouragement and acknowledge-

ment to each individual. The children in our care shall be given the opportunity to feel that they are good enough as they are, and that they can do things for themselves. We hope that the children in our care will grow up with a positive and strong confidence and belief in their own abilities.

Our Pedagogical Platform

Family Day Care – Sustainable Development

- Safe Children
- Happy Parents
- Fun Together
- Good Role Models for Each Other
- Confidence/Good the Way I Am
- Everyone is Equal
- Participation
- Joy of Discovery
- Play/Fantasy
- Experiences of Nature
- Play and Movement
- Being Outdoors
- Health and Body
- Home-Cooked Food
- Curiosity
- Language Stimulus
- Everyday Mathematics
- Everyday Pedagogy
- Playing Together Regardless of Gender
- Mixed Ages
- Small/Large Group of Children
- Seen and Acknowledged

Our value base

For us it is important for the children to

- feel safe
- feel joy in everyday life
- feel that all children are equal
- have the right to succeed
- are involved
- have influence

The family day care has a common value base that proves that we are committed and present in all the children's doings during the day. We listen, confirm and see all children, so that every child develops and trusts in his or her own ability. The play, the imagination and the creativity together with our exploratory working methods lead to learning based on the children's curiosity and interests. Nature is an important educational space for us. Small children groups allow us to adapt the activities based on the children's daily needs and interests. We seize the day!

We are here and now – together with the children.



Checklist

Below follows a checklist of what the child should have with them every day to family day care. N.B. The list can be different depending on the group. Therefore, please check what applies to your child.

Large bag

Feel free to pack things in different bags

- Nappies if your child uses them
- Wet wipes and towel for children using nappies
- Extra clothes appropriate for the weather and season
- Large galon clothes, including galon gloves
- Wellington boots or all-weather boots
- Sweater – thick and thin
- Trousers or skirt
- Socks
- Extra underwear

In wintertime:

- Winter overalls with straps for feet
- Winter boots
- Gloves, socks, hat, fake polo neck
- Thick sweater
- Fleece underclothes/long johns/tights
- Helmet for sledging

In autumn- and springtime:

- Pull-on trousers and coat
- Gloves

In summertime:

- Shorts, dress, skirt
- Sun hat or cap
- Sun lotion
- Mosquito repellent

Sleeping/resting:

- Comforter, comfort blanket, cuddly toy

Label clothes

Remember to label your child's clothes etc. with their name.

For more information:

uppsala.se/familjedaghem,
familjedaghem.uppsala.se and select your child's family day care webpage.

Contact management Family DayCare

Annika Björn, Manager Family Day Care

Telephone: 018 727 07 95

Email: annika.bjorn@uppsala.se

Katarina Rick, Manager Family Day Care

Telephone: 018 727 74 68

Email: katarina.rick@uppsala.se

Responsible Manager Katarina Rick,

018 727 74 68

Björklinge Family Day Care

Gränby Family Day Care

Rasbo Family Day Care

Rasbokil Family Day Care

Tuna Family Day Care

Responsible Manager Annika Björn,

018 727 07 95

Hagunda Family Day Care

Jumkil Family Day Care

Kåbo Family Day Care

Luthagen Family Day Care

Sunnersta Family Day Care

Åkerlänna Family Day Care

We are here for you and your child!